

CCBC Young Dancer Autumn Intensive 2025 TIMETABLE

Timetable and Classes subject to change

Day One	Sunday 19th October	
Time	Class	Studio
10.00-11.00	Unset Ballet Class with Body Conditioning	Studio 2
11.00-11.30	Break	-
11.30-13.00	Mime and Choreography	Studio 2
13.00-14.00	Lunch	-
14.00-15.00	Introduction to pointe work with Bethany Kingsley-Garner <i>(Students who are not yet on pointe may still participate by working on ¾ pointe in their regular ballet shoes)</i>	Studio 1
15.00-15.30	Break	-
15.30-16.30	Classical Variation with Bethany Kingsley-Garner	Studio 1

Day Two	Monday 27th October	
Time	Class	Studio
10.00-11.00	Unset Ballet Class with Body Conditioning	Studio 2
11.00-11.30	Break	-
11.30-13.00	Introduction to Lyrical	Studio 2
13.00-14.00	Lunch	-
14.00-15.00	Mime and Choreography	Studio 2
15.00-15.30	Break	-
15.30-16.30	Introduction to Pointe Work with Gillian Hurst <i>(Students who are not yet on pointe may still participate by working on ¾ pointe in their regular ballet shoes)</i>	Studio 1

